



TAMPA AREA SAFETY COUNCIL

Servicing ALL Areas in Hillsborough, Pinellas, Pasco, Hernando, Manatee, Sarasota, Polk, Highlands, Hardee & DeSoto Counties.



December 2011 Events

<p><u>QUICK PICKS:</u> <u>First Aid/CPR-AED</u> December 1, 9:00 am - 4:30 pm <u>Forklift Operator Safety Training</u> December 15, 9:00 am - 12 Noon <u>ASM: "Environmental Regulation Compliance"</u> December 20, 8:30am—2:30pm <u>Maintenance of Traffic</u> December 15 & 16, 8 am—5 pm</p>	<p><u>Basic Driver Improvement-4 Hour Course</u> <u>Advanced Driver Improvement-12 Hour Course</u> <u>Drug, Alcohol, Traffic Education-4 Hour</u> <u>First Time Driver Course</u> <u>Child Passenger Restraint-4 Hour Course</u></p> <p>Please e-mail tascmarian@aol.com OR tascnancy@aol.com for monthly schedule & pricing information for above courses</p>
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DECEMBER 2011.....

- Dec. 1:FA/CPR/AED
- Dec. 1 & 2: OSHA 10 Hr General Industry
- Dec 2: MOT Intermediate Refresher Training
- Dec. 5-8: OTI 510 - Construction
- Dec 8: EPA Lead Class (RRP)
- Dec 9: OSHA Alliance Workshop
- Dec 12-14: OTI 2250 - Principles of Ergonomics
- Dec. 15:Forklift Safety Training
- Dec. 15 & 16: MOT Intermediate Level Training
- Dec 20: EPA Lead Class (RRP)
ASM: "Environmental Regulation Compliance"

JANUARY 2012.....

- Jan. 12 & 13: OSHA 10 Hr Construction
- Jan. 13: MOT Intermediate Refresher Training
- Jan. 19: Forklift Safety Training
- Jan. 19: FA/CPR/AED
- Jan. 23—26: OTI 501 General Industry Trainer Course
- Jan. 26 & 27: MOT Intermediate Level Training
- Jan. 31: ASM "Workplace Violence"

Watch for details!

We are pleased to announce that we have two new MOT Instructors.

If your Company has any **on-site training needs**, please call Patty at (813) or (800) 248-1567
Check our website at www.tampasafetycouncil.org for information and registration for all of our classes.
Questions? Email us at
TASCPatty@aol.com OR **TASCJudy@aol.com**
(813) or (800) 248-1567



HOLIDAY STRESS

Seasonal Stress

Time pressure, crowds and traffic. No wonder the holidays can be stressful. The Tampa Area Safety Council urges you to give yourself some stress relief.

- * Allow enough time to shop rather than hurrying through stores and parking lots.
- * Only plan to do a reasonable number of errands.
- * Take time out for yourself. Relax, read, listen to music or enjoy your favorite hobby at your own pace.
- * Remember, 'tis the season to be jolly, not stressed out!

The Tampa Area Safety Council
offices will be closed
1/2 Day December 23rd & all day
December 26th for the
Christmas Holidays



and
1/2 Day December 30th & all day
January 2nd for the
New Years Holiday.
**Have a Safe and Happy
Holiday Season!**